## ADD-IN FOR LENT PLEDGE

The Earth Caring Ministry and the Matthew 25 Task Force ask you, "DON'T GIVE UP something for lent, instead ADD IN something new!"

Who knows, it might become a habit-one of the good kinds!

I pledge to add the following to my life from March  $2 \sim April 14$ , 2022

## EARTH CARING And I brought you into a plentiful land to enjoy its fruits and its good things. But when you came in, you defiled my land and made my heritage an abomination. Pray for the earth every day 0 Read a book (see book list: https://www.trinitypresnc.org/lenten-pledge-card) 0 0 Watch a movie (see list) 0 Recycle at the Convenience Center Compost at the Convenience Center 0 Use reusable bamboo "paper" towels 0 Moderate my thermostat by at least 1° - warmer or colder as the case may be 0 Add in at least one vegetarian meal a week 0 Write my local, state, national representative about an environmental issue I care about $\circ$ Increase my use of earth caring products 0 Drive a hybrid car or an EV 0 Use cloth tote bags for groceries 0 Reuse glass containers 0 Search the web for "Alternatives to Plastic" and reusable items: bamboo paper towels, produce bags, etc 0 Subscribe to Kiss the Ground YouTube channel 0 Watch the Kiss the Ground documentary on Netflix 0 Like PC(USA) Earth Care congregations on Facebook 0 Join "Mountain True", the Western North Carolina nonprofit addressing environment issues 0 Like "Creation Care Alliance" on Facebook and check out their web site: https://creationcarealliance.org/ 0 Other 0 Other 0 0 Other Other 0 0 Other 0 Other

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| SOCIAL JUSTICE/MATTHEW 25 |   |
|---------------------------|---|
|                           | Truly I tell you, just as you did it to one of the least  |
|                           | of these who are members of my family, you did it to me.  |
| 0                         | Pray for the world's people every day   |
| 0                         | Read a book about racism or poverty (see book list: <a href="https://www.trinitypresnc.org/lenten-pledge-card">https://www.trinitypresnc.org/lenten-pledge-card</a> )   |
| 0                         | Explore the PCUSA's Matthew 25 website <a href="https://www.presbyterianmission.org/ministries/matthew-25/">https://www.presbyterianmission.org/ministries/matthew-25/</a>  |
| 0                         | Support a minority-owned business   |
| 0                         | Donate clothes I don't wear to IAM or Black Mountain Children's Home  |
| 0                         | Visit the Poor Peoples' Campaign website and sign up for messages - <a href="https://www.poorpeoplescampaign.org/">https://www.poorpeoplescampaign.org/</a>   |
| 0                         | Donate to the Poor People's Campaign - <a href="https://www.poorpeoplescampaign.org/donate/recurring-donations/">https://www.poorpeoplescampaign.org/donate/recurring-donations/</a>  |
| 0                         | Visit our local NAACP Facebook page - <a href="https://www.facebook.com/HendersoncountyNAACP/?ref=page">https://www.facebook.com/HendersoncountyNAACP/?ref=page</a>   |
| 0                         | Join the local NAACP  |
| 0                         | Write my local, state, national representative about a Social Justice Issue I care about  |
| 0                         | Volunteer for a local agency serving those at the margins   |
| 0                         | Support the "Grow our own teachers" program for Henderson schools - <a href="https://hcefnc.org/growourown/">https://hcefnc.org/growourown/</a>   |
| 0                         | Smile and speak to service persons  |
| 0                         | Support local student-run organizations   |
| 0                         | Practice ongoing self-reflection, learning, and openness to growth.   |
| 0                         | Watch a movie from the PCUSA's <i>Dismantling Structural Racism Video Guide</i> : <a href="https://www.presbyterianmission.org/wp-content/uploads/Matthew-25-Dismantling-Racism-Video-Guide.pdf">https://www.presbyterianmission.org/wp-content/uploads/Matthew-25-Dismantling-Racism-Video-Guide.pdf</a> |
| 0                         | Watch a movie from the PCUSA's <i>Eradicating Systemic Poverty Video Guide</i> : <a href="https://www.presbyterianmission.org/wp-content/uploads/M25-21-01-Video-Guide-Poverty.pdf">https://www.presbyterianmission.org/wp-content/uploads/M25-21-01-Video-Guide-Poverty.pdf</a>                          |
| 0                         | Read a biography about an African American, Asian, Latino, or Native American hero  |
| 0                         | Other   |